



**Olympic
Companies, Inc.**
AN EQUAL OPPORTUNITY EMPLOYER

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Date: April 5, 2010		FAX THIS SHEET IN TO THE OFFICE AFTER YOUR MEETING!!!	
Project Number#	Job Name:	Person Conducting Meeting	
Look Before You Lift		<small>PRINT FULL NAME</small>	

Back injuries are one of the most common workplace injuries. Every year we have employees that submit a work-related injury due to improper lifting. These back injuries could result in time away from work &/or plague you for the rest of your life. It is important to use "back-saving" methods whenever objects are too heavy to be hoisted &/or handled.

Congratulations to the crews at Denfeld High School & United/Children's Hospital that had an OSHA Consultation at their sites with no safety issues noted.

**REMINDER: Plasterers & Tenders OSHA 10 Class, April 12th & 13th
@ Mason's Training Center**

Call the warehouse for "**RED TAGS**" and any safety signage & daily inspection sheets.

Last week's Bonus Question: **What is the sq. ft. weight load limit on a 10' aluminum scaffold deck?**

Answer: When scaffold is erected with 10' aluminum decks it is labeled as "light duty". "Light duty" is rated at 25 lbs. per sq. ft.

Any questions give Sturg a call (612) 221-8603

PLEASE PRINT YOUR NAME!!!

Visit our website: www.olympiccompanies.com

Comments:

Record to beat 314 days!!!

As of March 31, 2010, we have worked 172 days without a Lost Time Injury.

Toolbox Talks winner for last week: **No winners.**

This week's Bonus Question: **When using fall protection equipment, what is the weight load requirement of the anchor point we attach our retractable lifeline to??**

Hint: 1926.502(d)(15)

"Building a Safer Place to Work" one week at a time.